

Valley VNA Weekly Menu

Week of August 9, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 8/9/2020	Monday 8/10/2020	Tuesday 8/11/2020	Wednesday 8/12/2020	Thursday 8/13/2020	Friday 8/14/2020	Saturday 8/15/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast Banana	Orange Juice Scrambled Eggs Wheat Toast Banana	Orange Juice Pancakes Syrup Sausage Banana	Orange Juice Hot or Cold Cereal Banana Bread Blueberries	Orange Juice Scrambled Eggs Wheat Toast Raspberries	Orange Juice Ham & Egg Bake Wheat Toast Banana	Orange Juice Hot or Cold Cereal Wheat Toast Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes Gravy Romaine Salad Wheat Bread Fruit Mix	Chicken Kiev Parslied, Buttered Potatoes Peas Wheat Bread Strawberries w/ Topping	Baked Ham w/ Raisin Sauce Baked Potato/SC Corn Wheat Bread Pineapple Upside- Down Cake	Beef Stroganoff w/Pasta Romaine Salad Wheat Bread Cherry Pie	BBq Chicken Baked Potato/SC Cucumber Salad Wheat Bread Orange Fluff	Baked Cod Lemon/Tartar Sauce Baked Potato/SC Broccoli Rye Bread Banana Cream Dessert	Roast Pork Mashed Potatoes Gravy Carrots Wheat Bread Carrot Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
BBq Pork on a Bun Cole Slaw Applesauce Tapioca Pudding	Macaroni & Cheese Romaine Salad Roll Cookie	Turkey Salad Sandwich BLT Salad w/ Peas Peaches Chocolate Chip Bar	Hot Dog Bun Ketchup/Mustard/Pickles Baked Beans Watermelon Ice Cream	Chicken Noodle Soup Boiled Ham Sandwich on Bun Lettuce/Tomatoes/Mayo Pears Cookie	Tomato Soup Grilled Cheese Sandwich Melon Mix Ice Cream Bar	French Toast Syrup Sausage Strawberries Vanilla Pudding

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.