

Valley VNA Weekly Menu

Week of September 20, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/20/2020	Monday 9/21/2020	Tuesday 9/22/2020	Wednesday 9/23/2020	Thursday 9/24/2020	Friday 9/25/2020	Saturday 9/26/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast Banana	Orange Juice Scrambled Eggs Bacon Wheat Toast Blueberries	Orange Juice Pancakes w/ Strawberries & Syrup Sausage Banana	Orange Juice Hot or Cold Cereal Wheat Toast Cranberry Orange Muffin Banana	Orange Juice French Toast Syrup Sausage Raspberries	Orange Juice Omelets Wheat Toast Oranges	Orange Juice Hot or Cold Cereal Wheat Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Chops Baked Potato/SC Carrots Wheat Bread Apple Pie	Baked Cod Lemon/Tartar Sauce Baked Sweet Potatoes Broccoli Rye Bread Fruit Salad	Baked Ham w/ Raisin Sauce Rice Pilaf Mixed Vegetables Wheat Bread Banana Cake	Meatloaf Gravy Mashed Potatoes Corn Wheat Bread Sherbet	Spaghetti w/ Meat Marinara Romaine Salad Garlic Bread Cooks Choice Bar	Crab Pasta Alfredo Asparagus Rye Bread Fruit Salad	Roast Turkey Dressing Gravy Beets Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Macaroni and Cheese Roll Strawberries & Topping Cookie	Grilled Beef Melt on Rye Cucumber Salad Peaches Vanilla Pudding	Chicken Waldorf Salad served on lettuce leaf Deviled Egg Watermelon Chocolate Chip Bar	BBQ Pork Sandwich on a Bun Cauliflower Salad Applesauce Cookie	Ham Sandwich on a Bun Cheese & Pea Salad Mango Chocolate Cake	Grilled Cheese & Tomato Sandwich Celery Sticks Cantaloupe Oatmeal Bar	Hot Beef Sandwich on a Bun Carrot/Raisin Salad Fruit Cocktail Jell-O w/ Topping

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.