

Valley VNA Weekly Menu

Week of October 11, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/11/2020	Monday 10/12/2020	Tuesday 10/13/2020	Wednesday 10/14/2020	Thursday 10/15/2020	Friday 10/16/2020	Saturday 10/17/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot Oatmeal or Cold Cereal Wheat Toast w/ Peanut Butter Banana	Orange Juice Scrambled Eggs Bacon Wheat Toast/Jelly Banana	Orange Juice Omelet w/ Cheese Wheat Toast/Jelly Raspberries	Orange Juice French Toast Syrup Sausage Blueberries	Orange Juice Egg Bake w/ Potatoes, Ham, & Cheese Wheat Toast/Jelly Banana	Orange Juice Hard Boiled Eggs Fresh Fruit w/ Granola Wheat Toast/Jelly	Orange Juice Hot or Cold Cereal Wheat Toast/Jelly Donut Hole Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Chops Mashed Potatoes w/ Gravy Carrots Wheat Bread Cinnamon Sugar Apple Cubes	Spaghetti & Meatballs Romaine Salad Garlic Bread Sherbet	Contry Fried Steak Mashed Potatoes w/ Country Gravy Corn Wheat Bread Fruit Mix	Roast Turkey Baked Sweet Potatoes Broccoli Cranberry Jello Wheat Bread Cream Cheese Cherry Tart	Baked Ham Scalloped Potatoes Peas Wheat Bread Bread Pudding	Potato Pancakes Syrup Sausage Applesauce Banana Cream Dessert	Baked Chicken Mashed Potatoes Gravy Green Beans Cranberry Jello Wheat Bread Cookies & Cream Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Casserole w/ Stuffing & Vegetables Wheat Bread Oatmeal Cookie	Hot Beef w/Gravy over Mashed Potatoes Peas Strawberries White Cake	Cuban Sandwich Slider Cole Slaw Pineapple Butterscotch Pudding	Mostaccoli Romaine Salad Garlic Bread Apricot Fruit Salad Sugar Cookie	Turkey Tetrazini Italian Green Beans Sweet Potato Muffin Banana Blueberry Bar	Beef Barley Soup Grilled Cheese Sandwich Fruit Salad Ice Cream	Beef Pastie Gravy Romaine Salad Berry Mix Chocolate Cake

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.