Valley VNA Weekly Menu

Week of October 4, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/4/2020	Monday 10/5/2020	Tuesday 10/6/2020	Wednesday 10/7/2020	Thursday 10/8/2020	Friday 10/9/2020	Saturday 10/10/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot Oatmeal or Cold Cereal w/ Blueberries Wheat Toast Danish	Orange Juice Hard Boiled Eggs Bacon Peanut Butter Wheat Toast Banana	Orange Juice O'Brien Egg Bake Ham Pattie Wheat Toast Raspberries	Orange Juice Pancakes w/ Strawberries Sausage Banana	Orange Juice Omelet w/ Cheese Wheat Toast Banana	Orange Juice Scrambled Eggs Ham & Cheese Biscuit Mixed Fruit	Orange Juice Hot Cream of Wheat or Cold Cereal Wheat Toast Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes Gravy Cooked Cabbage w/ Bacon Wheat Bread Ice Cream	Lasagna Italian Green Beans Romaine Salad Garlic Bread Fruit Salad	Swedish Meatballs over Pasta Zucchini Mix Wheat Bread Banana Cream Pie	Sweet 'n Sour Chicken & Vegeables over Rice Egg Roll Sherbet	Meatloaf Mashed Potatoes Gravy Corn Wheat Bread Fruit Salad	Baked Haddock Lemon Wedge Tartar Sauce Sweet Potatoes Mix Vegetables Rye Bread Tye Dye Cake	Roast Turkey Dressing Gravy Peas Cranberry Jello Wheat Bread Pumpkin Pie w/ topping
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Fajita on a Hoagie Bun Cauliflower Apricots Cookie	French Toast Syrup Sausage Strawberries Tapioca Pudding	BBq Pork Slider w/ Onion & Cheese on Hawaiian Bun Cole Slaw Pineapple Angel Toffee Cake	Chicken Noodle Soup Sub Sandwich on French Bread Peaches Oreo Fluff	Pizza Meatball Slider Romaine Salad Melon Graham Fruit Bar	Chili Grilled Cheese Sandwich Chips w/ Dip Fruit Salad Cookie	Beef Stew Biscuit Romaine Salad Lemon Whip

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.