

Valley VNA Weekly Menu

Week of November 29, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 11/29/2020	Monday 11/30/2020	Tuesday 12/1/2020	Wednesday 12/2/2020	Thursday 12/3/2020	Friday 12/4/2020	Saturday 12/5/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot Oatmeal or Cold Cereal w/ Blueberries Wheat Toast	Orange Juice Hard Boiled Eggs Bacon Peanut Butter Wheat Toast Banana	Orange Juice O'Brien Egg Bake Ham Pattie Wheat Toast Raspberries	Orange Juice Pancakes w/ Strawberries Sausage Banana	Orange Juice Omelet w/ Cheese Wheat Toast Banana	Orange Juice Scrambled Eggs Ham & Cheese Biscuit Mixed Fruit	Orange Juice Hot Cream of Wheat or Cold Cereal Wheat Toast Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes Gravy Cooked Cabbage w/ Bacon Wheat Bread Ice Cream	Lasagna Green Beans Romaine Salad Garlic Bread Fruit Salad	Swedish Meatballs over Pasta Zucchini Mix Wheat Bread Banana Cream Pie	Sweet 'n Sour Chicken and Vegetables over Rice Egg Roll Sherbet	Meatloaf Ketchup Baked Potato/SC Corn Wheat Bread Fruit Salad	Baked Haddock Lemon Wedge Tartar Sauce Sweet Potato Mix Vegetables Rye Bread Tye Dye Cake	Roast Turkey Dressing/Gravy Peas Cranberry Jell-O Wheat Bread Pumpkin Pie w/ Topping
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Fajita on a Hoagie Bun Cauliflower Apricots Cookie	French Toast Syrup Sausage Strawberries Tapioca Pudding	BBq Pork w/ Onion & Cheese on a Slammer Cole Slaw Pineapple Angel Toffee Cake	Chicken Noodle Soup Sub Sandwich Peaches Brownie	Honey Mustard Chicken Slider on Hawaiian Bun Potato Salad Melon Ice Cream	Chili Grilled Cheese Sandwich Chips w/ Dip Fruit Salad Cookie	Pizza Burger on a Bun Romaine Salad Grapes Lemon Whip

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.