Valley VNA Weekly Menu

Week of February 7, 2021

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/7/2021	2/8/2021	2/9/2021	2/10/2021	2/11/2021	2/12/2021	2/13/2021
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot Oatmeal or	Scrambled Eggs	Pancakes	Hot Oatmeal or	Scrambled Eggs	O'Brien Scramble	Hot Oatmeal or
Cold Cereal	Bacon	Syrup	Cold Cereal	w/ Ham	Wheat Toast/Jelly	Cold Cereal
Wheat Toast/Jelly	Wheat Toast/Jelly	Sausage	Wheat Toast/Jelly	Wheat Toast/Jelly	Donut Hole	Wheat Toast/Jelly
Blueberries	Banana	Strawberries	Coffee Cake	Mixed Fresh Fruit	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork	Baked Cod	Chicken Meatballs	Roast Pork	Kielbasa & Peppers	Potato Crusted Cod	Chicken Ala King
Mashed Potatoes	Lemon/Tartar Sauce	w/ Pasta Alfredo	Potato Dumplings	Fried Potatoes	Lemon/Tartar Sauce	over a Biscuit
Gravy	Tater Tots	Broccoli	Gravy	Corn	Baked Sweet Potatoes	Cranberry Jell-O
Peas	Mixed Vegetables	Cranberry Jell-O	Red Cabbage	Wheat Bread	Cole Slaw	Romaine Salad
Wheat Bread	Rye Bread	Wheat Bread	Wheat Bread	Custard Pie	Rye Bread	Fruit Salad
Apple Pie	Raspberry Parfait	Lemon Cake	Raspberry Apple Tart		Ice Cream	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chili Dog on a Bun	Ham & Cheese Bunwich	Beef & Gravy	Pizza	Philly Beef Sandwich	Blueberry French	Spanish Rice
Snack Bag	Cauliflower	over Mashed Potatoes	Romaine Salad	on a Hoagie	Toast Bake	Broccoli/CauliflowerMix
Watermelon	Oranges	Carrots	Fruit Salad	w/ Cheese	Syrup	Roll
PB Crispy Bar	Cookie	Pear Jello Mold	Cheesecake	Watermelon	Fruit Cocktail	Peaches
		Blueberry Crisp		Cookie	Vanilla Pudding	

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.