

Valley VNA Weekly Menu

Week of March 21, 2021

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 3/21/2021	Monday 3/22/2021	Tuesday 3/23/2021	Wednesday 3/24/2021	Thursday 3/25/2021	Friday 3/26/2021	Saturday 3/27/2021
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast/Jelly Blueberries	Orange Juice Hard-Boiled Eggs Bacon Peanut Butter Wheat Toast/Jelly Banana	Orange Juice Pancakes Syrup Sausage Banana	Orange Juice Hot or Cold Cereal Wheat Toast/Jelly Banana	Orange Juice O'Brien Egg Bake Ham Pattie Wheat Toast/Jelly Raspberries	Orange Juice Scrambled Eggs Bacon Wheat Toast/Jelly Mixed Fresh Fruit	Orange Juice Very Berry Overnight Oats w/ Yogurt Wheat Toast/Jelly Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Spaghetti w/ Meat Marinara Green Beans Mixed Greens Salad Garlic Bread Cheesecake	Ham Meatballs Pasta Alfredo Asparagus Wheat Bread Molasses Bar	Roast Turkey Mashed Potatoes Gravy String Beans Wheat Bread Pumpkin Pie	Beef & Vegetable Stir Fry Rice Egg Roll Sherbet	Pork Chops w/ Apples Sliced Red Potatoes Corn Wheat Bread Jello Cake	Baked Haddock Lemon/Tartar Sauce Sweet Potatoes Mixed Greens Salad Rye Bread Coconut Cream Pie	Roast Beef Mashed Potatoes Gravy Romaine Salad Wheat Bread Cherry Cobbler
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Fajita on a Hoagie Cauliflower Strawberries Ice Cream	Chicken & Rice Soup Summer Sausage Cheese Cubes Veggies w/ Dip Deviled Eggs Orange Slices Cookie	Beef Barley Soup Egg Salad on Wheat Bread Lettuce/Tomatoes Romaine Salad Grapes Brownie	Grilled Bacon, Swiss Cheese, Chicken Sandwich on Sourdough Broccoli Salad Strawberry & Blackberry Mix Jello w/ Topping	Reuben Bunwich Cauliflower Salad Watermelon Magic Bar	Tuna Salad on Lettuce Leaf w/Roll BLT Salad Pineapple Fruit Salad Cookie	Turkey Salad on Croissant Lettuce/Tomatoes Fruit Mix Chocolate Chip Cake

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.