Valley VNA Weekly Menu

Week of May 16, 2021

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5/17/2021	5/18/2021	5/19/2021	5/20/2021	5/21/2021	5/22/2021
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hard Boiled Eggs	Pancakes	Hot or Cold Cereal	O'Brien Egg Bake	Scrambled Eggs	Very Berry Overnight
Bacon	Syrup	Wheat Toast/Jelly	Ham Pattie	Bacon	Oats w/ Yogurt
Peanut Butter	Sausage	Banana	Wheat Toast/Jelly	Wheat Toast/Jelly	Wheat Toast/Jelly
Wheat Toast/Jelly	Banana		Raspberries	Mixed Fresh Fruit	Blueberries
Banana					
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Ham Meatballs	Roast Turkey	Beef & Vegetable Stir Fry	Pork Chops	Baked Haddock	Roast Beef
Pasta Alfredo	Mashed Potatoes	Rice	w/ Apples	Lemon/Tartar Sauce	Mashed Potatoes
Asparagus	Gravy	Egg Roll	Sliced Red Potatoes	Sweet Potatoes	Gravy
Wheat Bread	String Beans	Sherbet	Corn	Mixed Greens Salad	Romaine Salad
Molasses Bar	Wheat Bread		Wheat Bread	Rye Bread	Wheat Bread
	Pumpkin Pie		Jell-O Cake	Coconut Cream Pie	Cherry Cobbler
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Beef Barley Soup	BBq Beefon a Bun	Grilled Bacon &	Reuben Bunwich	Tuna Salad	Turkey Salad
Egg Salad Sandwich	Veggies w/ Dip	Swiss Chicken Sandwich	Cauliflower Salad	on Lettuce Leaf w/Roll	on Croissant
on Wheat Bread	Pears	on Sourdough Bread	Watermelon	BLT Salad	w/ Lettuce/Tomatoes
w/ Lettuce/Tomatoes	Brownie	Broccoli Salad	Magic Bar	Pineapple Fruit Salad	Fruit Mix
Romaine Salad		Strawberries & Blackberry Mix		Cookie	Chocolate Chip Cake
Orange Slices		Jell-O w/ Topping			
Cookie					
	BREAKFAST Orange Juice Hard Boiled Eggs Bacon Peanut Butter Wheat Toast/Jelly Banana DINNER Ham Meatballs Pasta Alfredo Asparagus Wheat Bread Molasses Bar SUPPER Beef Barley Soup Egg Salad Sandwich on Wheat Bread w/ Lettuce/Tomatoes Romaine Salad Orange Slices	5/17/2021 BREAKFAST Orange Juice Hard Boiled Eggs Bacon Peanut Butter Wheat Toast/Jelly Banana DINNER Ham Meatballs Pasta Alfredo Asparagus Wheat Bread Molasses Bar Beef Barley Soup Egg Salad Sandwich on Wheat Bread W/Lettuce/Tomatoes Romaine Salad Orange Slices BREAKFAST Orange Juice Pancakes Syrup Sausage Banana DINNER DINNER Roast Turkey Mashed Potatoes Gravy String Beans Wheat Bread Pumpkin Pie BBq Beef on a Bun Veggies w/ Dip Pears Brownie	5/17/2021 BREAKFAST Orange Juice Hard Boiled Eggs Bacon Peanut Butter Wheat Toast/Jelly Banana DINNER Ham Meatballs Pasta Alfredo Asparagus Wheat Bread Molasses Bar SUPPER Beef Barley Soup Egg Salad Sandwich on Wheat Bread W/ Lettuce/Tomatoes Romaine Salad Orange Juice Orange Juice Hot or Cold Cereal Wheat Toast/Jelly Banana DINNER DINNER DINNER DINNER DINNER Beef & Vegetable Stir Fry Rice Egg Roll Sherbet SUPPER Sowiss Chicken Sandwich on Sourdough Bread Brownie Brownie Strawberries & Blackberry Mix Jell-O w/ Topping	5/17/20215/18/20215/19/20215/20/2021BREAKFASTBREAKFASTBREAKFASTBREAKFASTOrange JuiceOrange JuiceOrange JuiceOrange JuiceHard Boiled EggsPancakesHot or Cold Cereal Wheat Toast/JellyO'Brien Egg Bake Ham PattiePeanut ButterSausageBananaWheat Toast/Jelly RaspberriesWheat Toast/JellyBananaWheat Toast/Jelly RaspberriesDINNERDINNERDINNERDINNERHam MeatballsRoast Turkey Mashed PotatoesBeef & Vegetable Stir Fry RicePork Chops W/ ApplesAsparagusGravyEgg RollSliced Red PotatoesWheat Bread Pumpkin PieString BeansSherbetSliced Red PotatoesSUPPERSUPPERSUPPERSUPPERBeef Barley Soup Egg Salad Sandwich on Wheat Bread W Lettuce/Tomatoes Romaine Salad Orange SlicesBrownieGrilled Bacon & Swiss Chicken Sandwich on Sourdough Bread Broccoli Salad Strawberries & Blackberry Mix Jell-O w/ ToppingMagic Bar	S/17/2021 S/18/2021 S/19/2021 S/20/2021 S/21/2021

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.