





August 2022

Life Enrichment Calendar-Alexandrite Independent Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
<p>10:30 Catholic Mass on TV (KCC)</p> <p>2:00 Sunday Afternoon Movie: <i>Rock My Heart</i> (Netflix) (KCC)</p>  <p>After an adventurous teenager with a heart defect bonds with an unruly stallion, she trains to compete as an amateur jockey in a life-threatening race.</p>	<p>9:30 Exercise (KCC)</p> <p>10:15 Walking Club Meet at Front Lobby</p> <p>2:00 Let's Bake: Appetizer's Ham & Pickle Roll Ups (KCC)</p> 	<p>9:30 Exercise (KCC)</p> <p>2:00 Bingo (KCC)</p> 	<p>9:30 Exercise (KCC)</p> <p>10:15 Walking Club Meet at Front Lobby</p> <p>2:00 Current Events (KCC)</p>  <p>3:15-4:15 Pick 'n Save Grocery Shopping</p> 	<p>9:30 Exercise (KCC)</p> <p>1:30 Lyrics and Laughter (KCC)</p>  <p>3:15 Worship Service with Pastor Rick Schroder (KCC)</p> 	<p>9:30 Virtual Cycling (KCC)</p> <p>10:15 Walking Club Meet at Front Lobby</p> <p>1:00-3:00 VNA Casino (ADR)</p> 	<p>9:00 Coffee Clutch (ADR)</p>  <p>2:00 Bingo (KCC)</p> 

Life Enrichment calendar is subject to change without notice.