

Week of August 28, 2022

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

				ALEM PARTICIPAL
Sunday Monday Tuesday	Wednesday	Thursday	Friday	Saturday
8/28/2022 8/29/2022 8/30/2022	8/31/2022	9/1/2022	9/2/2022	9/3/2022
BREAKFAST BREAKFAST BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Orange Juice Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hard Boiled Eggs French Toast Scrambled Eggs	Pancakes	Scrambled Eggs	Scrambled Eggs	French Toast
Bacon Syrup Wheat Toast/Jelly	Syrup	Bacon	Wheat Toast/Jelly	Syrup
Wheat Toast/Jelly Bacon Banana	Sausage	Wheat Toast/Jelly	Muffin	Bacon
Raspberries Blueberries	Blueberries	Banana	Raspberries	Banana
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DINNER DINNER DINNER	DINNER	DINNER	DINNER	DINNER
Pork Wings BBq Chicken Shrimp	Roast Beef	Italian Chicken Breast	Perch	Stuffed Green Peppers
Mashed Potatoes Red Potatoes Lemon/Cocktail Sauce	Mashed Potatoes	Parmesan 1/2-Baked Potatoes	Lemon/Tartar Sauce	Baked Potato/SC
Gravy Corn Cheesy Bacon French Fries	Gravy	Spring Salad Mix	Potato Salad	Cauliflower
Red Cabbage Wheat Bread Spring Mix Salad	Carrots	Wheat Bread	Cole Slaw	Wheat Bread
Wheat Bread Fruit Salad Rye Bread	Wheat Bread	Cooks Choice Pie	Rye Bread	Strawberry Bar
Lemon Meringue Pie Raspberry Parfait	Lemon Cake		Watermelon w/ Green Grapes	
SUPPER SUPPER SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Egg Salad Meatloaf Sandwich Chicken Casserole	Cuban Slider	BBq Rib Patty	Grilled Cheddar Cheese Sandwich	Cold Chicken Sandwich
on Bun on a Bun Peas	on Hawaiian Bun	w/ Onion & Pickles	on Rye	w/ Bacon/Lettuce/Tomatoes/Mayo
w/ Lettuce/Tomatoes/Pickles Ketchup Roll	Corn	on Bun	Pears	Celery Sticks/Dip
Banana Snack Bag Oranges	Apricot Fruit Salad	Cucumber Salad	Peanut Butter Cake	Oranges
Chocolate Chip Bar Watermelon Butterscotch Pudding	Cookie	Pineapple		Cookie
Ice Cream		Ice Cream		

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.