Weekly Meguina

Week of November 20, 2022

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/20/2022	11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022	11/26/2022
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Pancakes	Hard Boiled Eggs	Scrambled Eggs	Omelet w/ Cheese	Ham & Egg Bake	Scrambled Eggs
Sausage	Syrup	Wheat Toast/Jelly	Wheat Toast/Jelly	Bacon	Wheat Toast/Jelly	Sausage
Wheat Toast/Jelly	Bacon	Danish	Banana	Wheat Toast/Jelly	Donut Holes	Wheat Toast/Jelly
Banana	Blueberries	Raspberries		Blueberries	Raspberries	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Loin	Baked Shrimp	Ham	Roast Beef Boiled Dinner	THANKSGIVING	Baked Cod	Cabbage Roll
Mashed Potatoes	Lemon/Cocktail Sauce	w/ Apricot Glaze	Boiled Potatoes,	Roast Turkey	Lemon/Tartar Sauce	Buttered, Sliced Potatoes
Gravy	Cheesy Potatoes	Parslied, Buttered, Red Potatoes	Cabbage & Carrots	Mashed Potatoes/Stuffing	Baked Potato/SC	Romaine Salad
Red Cabbage	Broccoli/Cauliflower Mix	Buttered Green Beans	Wheat Bread	Gravy	Mexi Corn	Wheat Bread
Wheat Bread	Rye Bread	Wheat Bread	Chocolate Cream Dessert	Glazed Carrots	Rye Bread	Ice Cream Sundae
Warm Cinnamon Apple Chips	Fruit Salad	Banana Cake		Cranberry Jelly	Fruit Mix	
w/ Whipped Topping				Roll		
2000 500 500				Pumpkin Pie		
				w/ Whipped Topping		
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chili	Vegetable Noodle Soup	Country Beef Casserole	Hot Pork	Hot Beef Sandwich	Blueberry French Toast Bake	Hot Turkey Sandwich
Corn Muffin	Grilled Cheese Sandwich	Roll	on a Bun	on a Bun	Syrup	on a Bun
Cottage Cheese	Snack Bag	Banana	Broccoli Slaw	Cucumber Salad	Bacon	Peas
on Lettuce Leaf	Watermelon	Jello w/ Topping	Apricots	Snack Bag	Oranges	Cranberry Jelly
Pears	**	4-0.0V ACMOS	Cookie	Tropical Fruit	Vanilla Pudding	Peaches & Blueberry Mix
Brownie					9700-97 03400 03404 034 6	480
	Y-					

BEVERAGES SERVED AT EVERY MEAL.

Menu subject to change without notice.