

January 2023

Life Enrichment Calendar-Alexandrite Independent Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Catholic Mass on TV (KCC) 3:25 Packers vs. Vikings (KCC) 	2 9:30 Exercise (VIDEO/KCC) 2:00 Afternoon Movie & Popcorn (KCC) 	3 9:00 PRN Q&A "How to walk on Ice" (KCC) 9:30 Exercise (KCC) 2:00 Bingo (KCC)  3:30 Men's Group (KCC) 	4 9:30 Exercise (KCC) 2:00 Current Events (KCC)  3:15-4:15 Pick 'n Save Grocery Shopping 	5 9:30 Exercise (KCC) 1:30 Hymn Sings with Christy (KCC)  3:15 Worship Service with Rich Engle "Shepard's Care" (KCC)	6 9:30 Virtual Cycling (KCC) 2:00 Let's Bake: Almond Meltaway Cookies (IKCC)  3:00 Rosary (Library) 	7 9:00 Coffee Clutch (ADR)  2:00 Bingo (KCC) 

Life Enrichment calendar is subject to change without notice.