

January 2023

Life Enrichment Calendar-Sapphire Court

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 10:30 Catholic Mass on TV (KCC) 7:20 Packers vs. Lions (KCC) 	9 9:30 Exercise (KCC) 2:00 Horse Racing (KCC) 	10 9:30 Exercise (KCC) 2:00 Bingo (KCC) 	11 9:30 Exercise (KCC) 2:00 Current Events (KCC) 	12 9:30 Exercise (KCC) 1:30 Lyrics and Laughter (KCC) 	13 9:30 Virtual Cycling (KCC) 2:00 Let's Bake: Peppermint Bark (KCC) 	14 9:00 Coffee Clutch (ADR)  2:00 Bingo (KCC) 

Life Enrichment calendar is subject to change without notice.