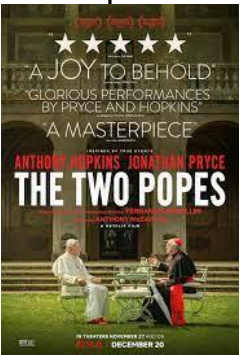






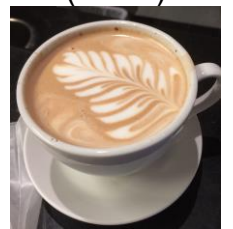



July 2023

August 2023

Life Enrichment Calendar Alexandrite

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:30 Catholic Mass on TV (KCC) 2:00 Sunday Afternoon Movie: (KCC/Netflix) "The Two Popes"  Behind Vatican walls, Pope Benedict and the future Pope Francis must face their pasts and find common ground in order to forge a new path for the Catholic Church.	31 9:30 Exercise (KCC) 10:30 Walking Club (Lobby) 10:30 Bible Study (SDR) 2:00 Ice Cream Social (Alex Courtyard) 	1 9:00 PRN Q&A "Dehydration and Your Health" (KCC) 9:30 Exercise (KCC) 2:00 Bingo (KCC) 	2 9:30 Exercise (KCC) 10:30 Walking Club (Lobby) 2:00 Current Events (KCC)  3:15-4:15 Pick N' Save Grocery Shopping 	3 9:30 Exercise (KCC) *12:30-1 B/P Clinic (Library) 1:30 Hymn Sing with Christy (KCC) 	4 9:30 Virtual Cycling (KCC) 10:30 Walking Club (Lobby) 1:15 Harp Concert with Shari Sarazin (KCC)  3:00 Rosary (Library)	5 9:00 Coffee Clutch (ADR)  2:00 Bingo (KCC) 

*Life Enrichment calendar is subject to change without notice.